


SUGGESTED USE:† Take 1-2 scoops with 6-8 ounces of cold water or your favorite beverage. For best results, take with  PW-30™ immediately after workouts.

WHAT ARE IBCAA'S?

Ajinopure™ IBCAA's are Instantized Branched Chain Amino Acids in a 2:1:1 ratio of L-leucine, L-isoleucine and L-valine. Unlike regular BCAA's, Ajinopure IBCAA's have been manufactured by Ajinomoto and are recognized as the purest, best tasting, and most water soluble BCAA's available in the world.†

WHAT ELSE DOES BCAA BLAST™ CONTAIN?

BCAA BLAST™ contains patented Magnesium Glycyl Glutamine Chelate (MGG), fully reacted magnesium-glycine-glutamine. This is a form of Glutamine bound with Glycine and Albion Labs Chelated magnesium. By molecularly bonding these three nutrients we can form non carbohydrate glucose in times of stress (ie training). This leads to increased cellular energy and a huge anticatabolic effect.

BCAA BLAST™ also contains HICA. HICA as a isolated metabolite of leucine (the most important metabolite yet to be discovered for muscle growth) and then concentrated so you can take it in a macro-dosage. This macro-dosage of HICA when taken by weight training athletes, increases lean body mass (muscle) and decreases symptoms of delayed-onset muscle soreness. This means when you take HICA, as in the research studies, you will recover faster from workouts. This will allow you to train harder and more often. Guess what happens when you train harder and more often? **YOU BUILD MORE LEAN MUSCLE AND STRENGTH FASTER!** †

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15° – 30° C (59° -86° F). Do not use if tamper-evident seal is broken.

*Ajinopure™ is a registered trademark of Ajinomoto AminoScience. Magnesium Glycyl Glutamine is covered by Albion Laboratories, Inc. U.S. Patent 5,888,553 and patents pending.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



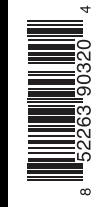
★ ★ ★ ★ ★ **HARDCORE SERIES** ★ ★ ★ ★ ★
BCAA BLAST
ULTRA CONCENTRATED POST-WORKOUT FORMULA


- **Micronized Ajinopure™ IBCAA's**
- **Contains Revolutionary HICA - Leucic Acid**
- **Speeds Recovery†**
- **Mixes Instantly - Tastes Amazing**


FRUIT PUNCH
DIETARY SUPPLEMENT

450G (17.6oz)

SUPPLEMENT FACTS	
Serving Size: 1 Scoop (15g) Servings per container: 30	
Amount Per Serving	Calories from fat 0
Calories 55	% Daily Value*
Total Fat	0g 0%
Saturated Fat	0g 0%
Cholesterol	0g 0%
Sodium	0g 0%
Total Carbohydrates	5g 1%
Sugar	0g 0%
Dietary Fiber	0g 0%
BCAA Blast Ethyl Ester Recovery Complex 15g	
Ajinopure™ IBCAA's Instantized Branch Chain Amino Acids (2:1:1), HICA - DL-Apha-Hydroxyisocaproic Acid, TRAACS®** Magnesium Glycyl Glutamine Chelate, L Glutamine, L- Leucine, L- Isoleucine, L - Valine, Glycerol, Maltodextrin (Quick Release Starch from Corn), Vitamin C (Ascorbic Acid), Vitamin B6 (Pyridoxine HCL, Piperine	
ADDITIONAL INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Sucralose, FD & C Red #40.	
*Percent Daily Values are based on a 2,000 calorie diet.	
**TRAACS is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 5,888,153 and patents pending.	



Manufactured exclusively for:

53 E. Merrick Road #218, Freeport, NY 11520
Questions/Comments: 1(888)663-1113 www.smiglobal.com

SUGGESTED USE:† Take 1-2 scoops with 6-8 ounces of cold water or your favorite beverage. For best results, take with  PW-30™ immediately after workouts.

WHAT ARE IBCAA'S?

Ajinopure™ IBCAA's are Instantized Branched Chain Amino Acids in a 2:1:1 ratio of L-leucine, L-isoleucine and L-valine. Unlike regular BCAA's, Ajinopure IBCAA's have been manufactured by Ajinomoto and are recognized as the purest, best tasting, and most water soluble BCAA's available in the world.†

WHAT ELSE DOES BCAA BLAST™ CONTAIN?

BCAA BLAST™ contains patented Magnesium Glycyl Glutamine Chelate (MGG), fully reacted magnesium-glycine-glutamine. This is a form of Glutamine bound with Glycine and Albion Labs Chelated magnesium. By molecularly bonding these three nutrients we can form non carbohydrate glucose in times of stress (ie training). This leads to increased cellular energy and a huge anticatabolic effect.

BCAA BLAST™ also contains HICA. HICA as a isolated metabolite of leucine (the most important metabolite yet to be discovered for muscle growth) and then concentrated so you can take it in a macro-dosage. This macro-dosage of HICA when taken by weight training athletes, increases lean body mass (muscle) and decreases symptoms of delayed-onset muscle soreness. This means when you take HICA, as in the research studies, you will recover faster from workouts. This will allow you to train harder and more often. Guess what happens when you train harder and more often? **YOU BUILD MORE LEAN MUSCLE AND STRENGTH FASTER!** †

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15° – 30° C (59° -86° F). Do not use if tamper-evident seal is broken.

*Ajinopure™ is a registered trademark of Ajinomoto AminoScience. Magnesium Glycyl Glutamine is covered by Albion Laboratories, Inc. U.S. Patent 5,888,553 and patents pending.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



★ ★ ★ ★ ★ **HARDCORE SERIES** ★ ★ ★ ★ ★

BCAA BLAST

ULTRA CONCENTRATED POST-WORKOUT FORMULA

- **Micronized Ajinopure™ IBCAA's**
- **Contains Revolutionary HICA - Leucic Acid**
- **Speeds Recovery†**
- **Mixes Instantly - Tastes Amazing**

LEMON-LIME
DIETARY SUPPLEMENT

450G (17.6oz)

SUPPLEMENT FACTS

Serving Size: 1 Scoop (15g) Servings per container: 30

Amount Per Serving		Calories from fat 0
Calories 55		
	% Daily Value*	
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0g	0%
Sodium	0g	0%
Total Carbohydrates	5g	1%
Sugar	0g	0%
Dietary Fiber	0g	0%

BCAA Blast Ethyl Ester Recovery Complex 15g
Ajinopure™ IBCAA's Instantized Branch Chain Amino Acids (2:1:1), HICA - DL-Apha-Hydroxyisocaproic Acid, TRAACS®** Magnesium Glycyl Glutamine Chelate, L Glutamine, L- Leucine, L- Isoleucine, L - Valine, Glycerol, Maltodextrin (Quick Release Starch from Corn), Vitamin C (Ascorbic Acid), Vitamin B6 (Pyridoxine HCL, Piperine)

ADDITIONAL INGREDIENTS: Citric Acid, Natural and Artificial Lemon- Lime Flavors, Sucralose, FD & C Yellow #5 and FD & C Blue #1.


*Percent Daily Values are based on a 2,000 calorie diet.

**TRAACS is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 5,888,153 and patents pending.



Manufactured exclusively for:

53 E. Merrick Road #218, Freeport, NY 11520
Questions/Comments: 1 (888) 663-1113 www.smiglobal.com

SUGGESTED USE:† Take 1-2 scoops with 6-8 ounces of cold water or your favorite beverage. For best results, take with  PW-30™ immediately after workouts.

WHAT ARE IBCAA'S?

Ajinopure™ IBCAA's are Instantized Branched Chain Amino Acids in a 2:1:1 ratio of L-leucine, L-isoleucine and L-valine. Unlike regular BCAA's, Ajinopure IBCAA's have been manufactured by Ajinomoto and are recognized as the purest, best tasting, and most water soluble BCAA's available in the world.†

WHAT ELSE DOES BCAA BLAST™ CONTAIN?

BCAA BLAST™ contains patented Magnesium Glycyl Glutamine Chelate (MGG), fully reacted magnesium-glycine-glutamine. This is a form of Glutamine bound with Glycine and Albion Labs Chelated magnesium. By molecularly bonding these three nutrients we can form non carbohydrate glucose in times of stress (ie training). This leads to increased cellular energy and a huge anticatabolic effect.

BCAA BLAST™ also contains HICA. HICA as a isolated metabolite of leucine (the most important metabolite yet to be discovered for muscle growth) and then concentrated so you can take it in a macro-dosage. This macro-dosage of HICA when taken by weight training athletes, increases lean body mass (muscle) and decreases symptoms of delayed-onset muscle soreness. This means when you take HICA, as in the research studies, you will recover faster from workouts. This will allow you to train harder and more often. Guess what happens when you train harder and more often? **YOU BUILD MORE LEAN MUSCLE AND STRENGTH FASTER!** †

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15° – 30° C (59° -86° F). Do not use if tamper-evident seal is broken.

*Ajinopure™ is a registered trademark of Ajinomoto AminoScience. Magnesium Glycyl Glutamine is covered by Albion Laboratories, Inc. U.S. Patent 5,888,553 and patents pending.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



★ ★ ★ ★ ★ **HARDCORE SERIES** ★ ★ ★ ★ ★

BCAA BLAST

ULTRA CONCENTRATED POST-WORKOUT FORMULA

- **Micronized Ajinopure™ IBCAA's**
- **Contains Revolutionary HICA - Leucic Acid**
- **Speeds Recovery†**
- **Mixes Instantly - Tastes Amazing**

WATERMELON
DIETARY SUPPLEMENT

450G (17.6oz)

SUPPLEMENT FACTS

Serving Size: 1 Scoop (15g) Servings per container: 30

Amount Per Serving		Calories from fat 0
Calories 55		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0g	0%
Sodium	0g	0%
Total Carbohydrates	5g	1%
Sugar	0g	0%
Dietary Fiber	0g	0%

BCAA Blast Ethyl Ester Recovery Complex 15g

Ajinopure™ IBCAA's Instantized Branch Chain Amino Acids (2:1:1), HICA - DL-Apha-Hydroxyisocaproic Acid, TRAACS®** Magnesium Glycyl Glutamine Chelate, L Glutamine, L- Leucine, L- Isoleucine, L - Valine, Glycerol, Maltodextrin (Quick Release Starch from Corn), Vitamin C (Ascorbic Acid), Vitamin B6 (Pyridoxine HCL, Piperine
ADDITIONAL INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Sucralose, FD & C Red #40.


*Percent Daily Values are based on a 2,000 calorie diet.

**TRAACS is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 5,888,153 and patents pending.



Manufactured exclusively for:

53 E. Merrick Road #218, Freeport, NY 11520
Questions/Comments: 1(888)663-1113 www.smiglobal.com

SUGGESTED USE:† Take 1-2 scoops with 6-8 ounces of cold water or your favorite beverage. For best results, take with  PW-30™ immediately after workouts.

WHAT ARE IBCAA'S?

Ajinopure™ IBCAA's are Instantized Branched Chain Amino Acids in a 2:1:1 ratio of L-leucine, L-isoleucine and L-valine. Unlike regular BCAA's, Ajinopure IBCAA's have been manufactured by Ajinomoto and are recognized as the purest, best tasting, and most water soluble BCAA's available in the world.†

WHAT ELSE DOES BCAA BLAST™ CONTAIN?

BCAA BLAST™ contains patented Magnesium Glycyl Glutamine Chelate (MGG), fully reacted magnesium-glycine-glutamine. This is a form of Glutamine bound with Glycine and Albion Labs Chelated magnesium. By molecularly bonding these three nutrients we can form non carbohydrate glucose in times of stress (ie training). This leads to increased cellular energy and a huge anticatabolic effect.

BCAA BLAST™ also contains HICA. HICA as a isolated metabolite of leucine (the most important metabolite yet to be discovered for muscle growth) and then concentrated so you can take it in a macro-dosage. This macro-dosage of HICA when taken by weight training athletes, increases lean body mass (muscle) and decreases symptoms of delayed-onset muscle soreness. This means when you take HICA, as in the research studies, you will recover faster from workouts. This will allow you to train harder and more often. Guess what happens when you train harder and more often? YOU BUILD MORE LEAN MUSCLE AND STRENGTH FASTER! †

WARNING: Consult a physician before using this product. Keep out of the reach of children. Store in a cool, dry place 15° – 30° C (59° -86° F). Do not use if tamper-evident seal is broken.

*Ajinopure™ is a registered trademark of Ajinomoto AminoScience. Magnesium Glycyl Glutamine is covered by Albion Laboratories, Inc. U.S. Patent 5,888,553 and patents pending.

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



★ ★ ★ ★ ★ **HARDCORE SERIES** ★ ★ ★ ★ ★

BCAA BLAST

ULTRA CONCENTRATED POST-WORKOUT FORMULA

- **Micronized Ajinopure™ IBCAA's**
- **Contains Revolutionary HICA - Leucic Acid**
- **Speeds Recovery†**
- **Mixes Instantly - Tastes Amazing**

BLUE RASPBERRY
DIETARY SUPPLEMENT

450G (17.6oz)

SUPPLEMENT FACTS


Serving Size: 1 Scoop (15g) Servings per container: 30

Amount Per Serving		Calories from fat 0
Calories 55		% Daily Value*
Total Fat	0g	0%
Saturated Fat	0g	0%
Cholesterol	0g	0%
Sodium	0g	0%
Total Carbohydrates	5g	1%
Sugar	0g	0%
Dietary Fiber	0g	0%

BCAA Blast Ethyl Ester Recovery Complex 15g
Ajinopure™ IBCAA's Instantized Branch Chain Amino Acids (2:1:1), HICA - DL-Apha-Hydroxyisocaproic Acid, TRAACS®** Magnesium Glycyl Glutamine Chelate, L Glutamine, L- Leucine, L- Isoleucine, L - Valine, Glycerol, Maltodextrin (Quick Release Starch from Corn), Vitamin C (Ascorbic Acid), Vitamin B6 (Pyridoxine HCL, Piperine
ADDITIONAL INGREDIENTS: Citric Acid, Natural and Artificial Flavors, Sucralose, FD & C Blue #1.

*Percent Daily Values are based on a 2,000 calorie diet.
**TRAACS is a registered trademark of Albion Laboratories, Inc. Chelate covered by U.S. Patent 5,888,153 and patents pending.



Manufactured exclusively for:

53 E. Merrick Road #218, Freeport, NY 11520
Questions/Comments: 1 (888) 663-1113 www.smiglobal.com